What is Floating?

Floating is lying on your back in a float tank filled with a shallow, silky solution of Purified Water and Epsom Salt that allows your body to float totally free from gravity. The float tank is soundproof and lightproof, offering a safe escape from the stress and distractions of everyday life. You will feel as if you are floating in space. Underwater music and lighting are available and can be customized to enhance your experience.

The purified water is heated to your body temperature to create a sensory bond between your skin and the water. In this oasis, you will obtain a state of deep relaxation that reenergizes your mind and body. When you emerge an hour later, you will feel refreshed, recharged, renewed, and ready for the business of your life.

You’ll benefit even more by floating regularly because your mind and body ‘learn’ how to relax more deeply with each float.

The Float Tank
58-306 Kaunala Place
Haleiwa, Hawaii 96712
Phone: 808-638-9999
www.TheFloatTank.com

Tel: 808 638 9999
Floating can help you achieve a state of total relaxation.

Reasons To Float

- Renews your energy for daily life and eliminates fatigue
- Relieves stress
- Enhances creativity
- Removes toxins and heavy metals
- Enhances athletic performance
- Alleviates pain from arthritis and migraines
- Deepens meditation states by providing total calm and peaceful relaxation
- Treats psychological disorders such as anxiety
- Quickens physical rehabilitation and recovery
- Improves sleep

Frequently Asked Questions

What is it like in the tank?
There are 10 inches of purified water in the tank with approximately 800 lbs. of Epsom salt dissolved in it. That enables you to float lying on your back. Your ears will be under water. We recommend using earplugs if you have ever had ear problems. To keep the tank air fresh, an air circulation system brings in additional air from the room.

Can you sleep in the tank?
Yes. People can achieve a state of total relaxation that enables them to fall asleep. You don’t have to worry about drowning. No one has ever drowned in a floatation tank. Individuals that have laid face down in the tank can not tolerated the sting of salt in their eyes, nose, and mouth.

Can I eat before I go into the tank?
It is not recommended to allow yourself to get very hungry or overeat prior to entering the tank. The sounds of hunger or digestion may distract you.

Who shouldn’t use the tank?
We don’t recommend tank use for epileptics whose epilepsy is not under medical control; for people under the influence of alcohol or drugs; pregnant or menstruating women; those with infectious diseases; open skin wounds; or those with suicidal tendencies.

What if I’m claustrophobic?
Claustrophobia is the fear of being in enclosed spaces. You will not be confined inside the float tank because you will have total control of the door. The tank can be used with the door open, closed, or partially open during your float session. You can get in and out as many times as you wish during your session. Whatever it takes to make you comfortable.

What do you wear in the tank?
Because you will be in a private room, most people don’t wear anything. Clothing will press against your body and may be distracting. The setting is similar to a tanning salon.

Is the float tank hygienic?
Yes, in fact more so than spas or swimming pools. The high concentration of the Epsom salt kills most viruses and bacteria. Also, the water in the float tank is sterilized using a UV Sterilization system after each use. All users are required to shower before and after their float session.

VISA AND MASTERCARD ACCEPTED

FLOATING PACKAGES

SINGLE FLOAT
ONE HOUR $60

5 FLOATS
5 ONE-HOUR SESSIONS $250

10 FLOATS
10 ONE-HOUR SESSIONS $400

ASK ABOUT SPECIAL PRICING FOR MORE THAN 10 FLOATS!

For more answers to questions, please speak to our representative or visit our website:
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